

CHIROPRACTIC WELLNESS CARE

Chiropractic Wellness Care improves quality of life and saves you money

1. Topics in clinical chiropractic in 1996 3 (2..46) Coulter. Analysis of an insurance data base comparing persons over 75 years of age receiving chiropractic care with non chiropractic patients. The analysis show persons receiving chiropractic care reported better overall health, spent fewer days in hospitals and nursing homes, used fewer prescription drugs and were more active than non-chiropractic patients. **The chiropractic patients spent 21 % less time in hospitals over the previous 3 years.**

2. Maintenance care health promotion services administered to U.S. chiropractic patients. Journal of Manipulative and Physiological Therapeutic 2000; 23 (1..10) R. L. Rupert.

Chiropractic patients receiving chiropractic care for 5 years or longer spent only 31 % of the national average for health care services. The chiropractic patients experienced 50% fewer medical provider visits and the health habits of patients receiving maintenance care under chiropractic were better overall than the general population. This is included decrease use of cigarettes and decreased non-prescribed drugs.

3. Journal of Vertebral Subluxation Research 1997;1 (4)...15 R.H.I. Blanks. 2818 Patients and 151 practices were surveyed and it was found that persons receiving chiropractic care noted improvements in their health, wellness and quality of life. **95% Of the respondents reported that their expectations had been met and 99% wished to continue care.**

Conclusion: Chiropractic care may reduce healthcare costs, improve health behaviors and improve patient's quality of life.